



24 Hour Urine Collection Instructions

**OUTPATIENT LAB and REGISTRATION is located in the
PHYSICIAN OFFICE BUILDING: 1st Floor, Suite 105**

When you enter through the front entrance,
continue down the hallway, past Subway.

Suite 105 will be on the RIGHT hand side of the hallway.

Monday through Friday • 7:00 am – 6:00 pm

Saturday • 7:00 am – 1:00 pm

Collection Instructions:

1. Get the 24 hour urine collection container from your doctor's office or outpatient laboratory in the Physicians Office Building.
2. On the first morning, do not collect your first morning urine, but be sure to record the time you urinated.
3. Collect all of the urine each time you urinate for the rest of the day and night. Use the white measuring bowl to collect the urine, and then transfer the urine to the brown urine container given to you. Keep urine container refrigerated or on ice until you bring it to the lab.
4. Collect the first morning urine on day two at the same time as you noted on day one. This ends your collection of urine.
5. Bring the urine container to the outpatient laboratory in the Physicians Office Building.

AFTER HOURS: Patients must go to Admitting located at the main entrance of the hospital.

Information Needed to Run Lab Work

On the tag attached to your urine container, complete the following information:

1. Your name.
2. Date and time when you began and finished collection.
3. Height and weight: It is very important that your height and weight are accurate, as both are used in calculating your lab results.

If you have any questions about urine collection, call the laboratory at 924-8271.

NOTE: Containers with Orange Caution Stickers

If your container has an orange caution sticker, **the container contains acid.** Observe these extra precautions:

1. Use Caution! Acid can burn the skin.
2. Do not urinate directly into the container.
3. If a spill occurs, cover the acid with baking soda before cleaning up with water.