



YOU HAVE BEEN SCHEDULED FOR A
2 HOUR GESTATIONAL DIABETES TEST

ON _____ AT _____ AM

PLEASE ARRIVE ON TIME!

Location:

1st Floor of the Physician Office Building Suite 110

- Do **NOT** eat or drink anything for **12 hours** prior to your glucose test. **THIS INCLUDES WATER!** You may only take **MANDATORY MEDICATION** with a sip of water.
- Check in for your glucose test in **Suite 110**. You will be required to leave a **URINE SAMPLE** at this time (a few drops will be sufficient).
- You will have your blood drawn **THREE TIMES** in the lab. One time before drinking the glucola, again one hour after drinking the glucola, and then again one hour after that.
- This drink **MAY CAUSE NAUSEA**. Should you vomit at any time during the test, it will be cancelled and rescheduled.
- If you have an appointment with your doctor on the same day, you may come up to our office **IN BETWEEN BLOOD DRAWS** and check in for your appointment.
- We should have your test results in **APPROXIMATELY 14 DAYS**. If you do **NOT** hear from your nurse after this time period, please call the office for your results at **225-201-0505**